



WORLD DOCTOR

RESET SOMATIX™

Certification Pathway Framework

A progressive framework for professional development, practice, and leadership in the Reset Somatix™ methodology.

The Reset Somatix™ Certification Pathway has been designed to support progressive development from personal learning, to professional practice, facilitation, leadership, and training within the World Doctor ecosystem. Each level represents a deeper stage of competency, responsibility, practical experience, and contribution to the Reset Somatix™ community.

Certificate of Attendance

Reset Somatix™ Graduate

The Certificate of Attendance is awarded to participants who complete the foundational learning requirements and attend the Five-Day Reset Somatix™ Training.

This level is suitable for individuals seeking:

- Personal development and self-understanding
- Foundational education in trauma and nervous system regulation
- Integration of somatic principles into existing professional work
- Exposure to the Reset Somatix™ methodology without pursuing professional certification

REQUIREMENTS

- Completion of all required online preparatory modules
- Attendance at the Five-Day Reset Somatix™ Training

This level does not authorise professional representation as a Certified Practitioner.

Certified Reset Somatix™ Practitioner

The Practitioner pathway is designed for participants who wish to professionally apply the Reset Somatix™ methodology with clients. This certification demonstrates competency in applying the method safely, ethically, and professionally through supervised practical application, reflective practice, and client feedback.

Opportunity to support World Doctor retreats, clinic services and events in paid facilitation roles, at the discretion of World Doctor.

CERTIFICATION REQUIREMENTS

- Complete one full client journey / Reset Somatix™ program (7 sessions total) within three months post-training
- Submit audio recordings of each session
- Submit client feedback forms and practitioner reflection forms
- Successfully complete final review and approval by the World Doctor team

ONGOING RENEWAL (every 3 years)

- Complete a minimum of three Reset Somatix™ client journeys/programs (21 sessions total)
- Provide a log of sessions completed
- Submit two anonymized case summaries and practitioner reflections
- Complete 12 CPD hours related to trauma, somatics, nervous system regulation, or Reset Somatix™
- Sign an annual Ethical Practice Declaration

PRACTITIONER BENEFITS

- ✓ May use the title Certified Reset Somatix™ Practitioner
- ✓ May be promoted on the World Doctor website and through affiliated health clinics
- ✓ May receive potential client referrals, at the discretion of World Doctor
- ✓ Eligible to apply for advanced professional pathways within the Reset Somatix™ framework
- ✓ After completing a minimum of three client journeys (21 sessions total), may be invited to support World Doctor retreats, clinic services and events in paid facilitation roles

\$180 AUD

Annual Membership Fee

Certified Reset Somatix™ Advanced Practitioner

Advanced Practitioners may take leadership and senior facilitation roles within World Doctor retreats, workshops, trainings, and events, supporting both participants and the delivery team. They are also authorised to independently organise and facilitate approved Reset Somatix™ retreats and workshops using the methodology and trademark in accordance with World Doctor guidelines. This certification recognises advanced professional experience, increased responsibility, and a commitment to supporting the growth, visibility, and integrity of the Reset Somatix™ methodology.

ADVANCED PRACTITIONER REQUIREMENTS

- Hold current Certified Reset Somatix™ Practitioner status
- Support or assist at a minimum of three World Doctor programs, including:
 - At least one Reset Somatix™ Retreat
 - At least one Reset Somatix™ Practitioner Training

ONGOING RENEWAL (every 3 years)

- Maintain current Practitioner certification
- Complete 24 CPD hours related to trauma, somatics, nervous system regulation, or Reset Somatix™
- Support, facilitate, or deliver a minimum of two qualifying events during the renewal period
- These may include World Doctor retreats, workshops, or trainings, and/or independently organized retreats or workshops that incorporate the Reset Somatix™ methodology.
- Obtain prior approval from World Doctor for any public use of the Reset Somatix™ name, trademark, logo, or branding
- Sign an annual Ethical Practice Declaration

ADVANCED PRACTITIONER BENEFITS

- ✓ May be promoted as Advanced Practitioners on the World Doctor website and affiliated health clinics
- ✓ Receive priority consideration for potential referral pathways, at the discretion of World Doctor
- ✓ Eligible for advanced-level paid facilitation roles at World Doctor retreats, workshops, trainings and events, with remuneration reflecting their advanced certification and experience.
- ✓ May independently organise and facilitate retreats and workshops incorporating the Reset Somatix™ methodology
- ✓ Authorised to use the Reset Somatix™ name and trademark in approved marketing and promotional activities
- ✓ May receive basic promotional support through World Doctor communication channels
- ✓ May collaborate and co-host events with World Doctor
- ✓ Become eligible for future Trainer, Faculty, and leadership pathways

\$555 AUD

Annual Licensing Fee

Note: Advanced Practitioners are responsible for the planning, marketing, administration, delivery, and financial management of independently organised events. World Doctor's approval of branding or promotional content does not constitute sponsorship, operational involvement, or responsibility for the event.

Certified Reset Somatix™ Trainer

The Trainer pathway is the highest level within the Reset Somatix™ professional framework and is designed for experienced Advanced Practitioners who demonstrate excellence in facilitation, teaching, mentoring, and leadership. Certified Trainers are authorised to teach approved Reset Somatix™ trainings and support the development of future practitioners and facilitators.

TRAINER CERTIFICATION REQUIREMENTS

- Hold current Certified Reset Somatix™ Advanced Practitioner certification
- Be invited by World Doctor to enter the Trainer pathway
- Have supported or co-facilitated a minimum of two Reset Somatix™ Practitioner Trainings
- Have supported or co-facilitated a minimum of two Reset Somatix™ Retreats
- Demonstrate competency in teaching, facilitation, mentoring, and participant support
- Receive final approval from World Doctor

ONGOING RENEWAL (every 3 years)

- Maintain current Advanced Practitioner certification
- Deliver, co-deliver, or support a minimum of three Practitioner Trainings
- Complete 36 CPD hours
- Participate in Trainer Development or Faculty Review processes
- Sign an annual Ethical Practice Declaration
- Remain in good standing with World Doctor

TRAINER ROLE & BENEFITS

- ✓ Authorised to teach approved Reset Somatix™ trainings and educational programs
- ✓ May mentor all Practitioners on a paid basis
- ✓ Receive enhanced professional visibility through the World Doctor platform
- ✓ Eligible for trainer-level paid facilitation roles at World Doctor retreats, workshops, trainings, and events
- ✓ May independently organise and facilitate retreats and workshops incorporating the Reset Somatix™ methodology
- ✓ Gain access to approved branding, workshop resources, and promotional materials
- ✓ Become eligible for Faculty and leadership opportunities within World Doctor
- ✓ Expected to uphold the integrity, ethical standards, and professional quality of the Reset Somatix™ methodology

\$1,500 AUD

Annual Licensing Fee

Commitment to Professional Standards

All certification levels within the Reset Somatix™ framework are grounded in a shared commitment to excellence, ethical practice, and the ongoing integrity of the methodology.

Ethical Practice All practitioners uphold the highest standards of professional conduct in every client interaction and public representation.	Nervous System Awareness The Reset Somatix™ methodology is grounded in a somatic understanding of autonomic nervous system regulation.
Trauma-Informed Principles Practice is guided by an evidence-based, trauma-sensitive understanding of the nervous system and human experience.	Reflective Practice Regular self-reflection is a cornerstone of practitioner development and client safety.
Ongoing Professional Development Practitioners invest in continuous learning to deepen competency and stay aligned with evolving best practices.	Integrity of the Methodology All certified practitioners are ambassadors of the Reset Somatix™ methodology and are responsible for its faithful application.

Framework Review and Amendments

World Doctor reserves the right to approve, defer, renew, suspend, or revoke certification where professional standards, ethical conduct, competency, or safe application of the methodology are not sufficiently demonstrated.

World Doctor is committed to maintaining high professional, ethical, and educational standards. As the Reset Somatix™ methodology, training programs, and professional community continue to evolve, World Doctor reserves the right to review, amend, or update certification pathways, requirements, fees, policies, benefits, and renewal criteria from time to time.

World Doctor will endeavor to implement changes fairly and, where appropriate, provide transitional arrangements for existing certified practitioners.